

MORE ENERGY! EAT THESE 20 FOODS, p. 59

World's Leading Bike Magazine

Bicycling

Perfect Rides

THE 21 BEST CYCLING CITIES IN THE U.S.

15 EASY WAYS TO MAKE YOUR BIKE FASTER

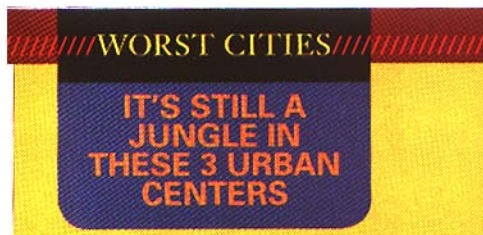
COOL NEW WOMEN'S GEAR

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Tested: COMMUTER BIKES, ROOF RACKS, BIKES FOR BEGINNERS

Team Revo adventure racer Heather Curwen rides the Scott USA Contessa and wears the latest women's-specific gems.

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Boston, MA pop 569,165

This is the third time Boston has made our "worst" list since 1999, and it does so for the same reasons as before: lousy roads, scarce and unconnected bike lanes and bike-friendly gestures from City Hall that go nowhere—such as hiring a bike coordinator in 2001, only to cut the position two years later. We know Boston has the potential to be a two-wheeled haven (see neighboring Cambridge, p. 74). And recent events give us hope: the newly formed LivableStreets Alliance, an advocacy group patterned after successful organizations in Chicago and New York; the under-construction \$2-million South Bay Harbor Trail that will connect several bike paths in the heart of downtown; and last fall's mayor-sponsored Hub On Wheels, a festival with 700 cyclists, including mayor Thomas Menino showing off his newfound velo dedication. ■

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